



Blountstown

Health & Rehabilitation Center

16690 SW Chipola Road
Blountstown, FL 32424

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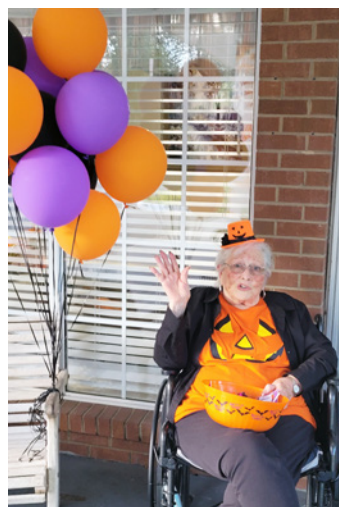
blountstownhealthandrehab.com

Newsletter

Activity Highlights



We had a pep rally for the seniors at Blountstown High School to celebrate their homecoming. We would like to thank them for letting us celebrate with them.



Residents had a great time passing out candy for our trick-or-treaters. We had a lot of kids with great costumes.

Happy Birthday

Residents

Patricia E.	12/1
Eddie S.	12/15
Gloria W.	12/16
Willard O.	12/17
Kenneth B.	12/20
Ernest B.	12/20
Barbara B.	12/21
Annette M.	12/24
Nancy A.	12/29
Marilyn V.	12/29

Staff

Cassandra B.	12/1
Murphy S.	12/2
Tammy G.	12/2
William C.	12/7
Jonathon S.	12/7
Cecilia S.	12/8
Christian H.	12/11
Daisha B.	12/17
Mathew V.	12/19
Holly A.	12/21
Aadin H.	12/29
Karen O.	12/30

Staff Anniversaries

Ashley B., CNA	2023
Edward G., CNA	2023
Cecilia S., Administration	1996
Auslinn S., RN	2023
Jennifer Y., CNA	2019

DECEMBER 2024

Blountstown Health and Rehab would like to wish everyone a merry Christmas and a blessed 2025. Merry Christmas to all!

Christmas Menu

- Ham
- Scallop Potatoes
- Asparagus
- Roll
- Pie



Upcoming Christmas Activities

We will be taking residents out in our van to see the Christmas lights. This will be limited to 3 residents per ride due to limited space in the van. We will be going out two days per week in the evening before dinner. If you have any questions, ask Connie in activities. Thank you.

Staff will be doing a door decorating contest. You may come in and decorate your loved one door if you would like for them to be part of the contest. We will start the last week in November.



Activity Highlights *...continued*

Staff and residents had a pancake breakfast. Grant and Thomas cooked pancakes and sausages for all residents and staff. We have a new record on number of pancakes that a resident ate. Leroy N. was our winner. He ate 9 pancakes. He really enjoys his pancakes. Good job Leroy!! I bet he was full.

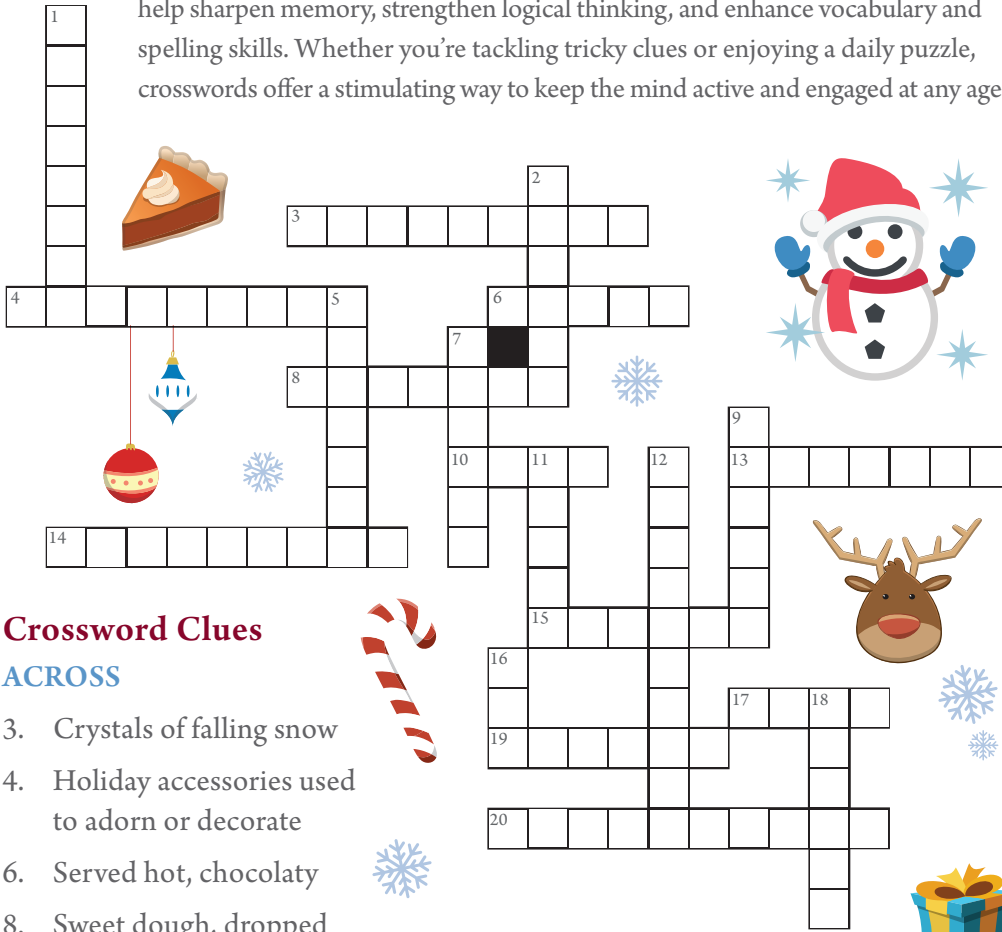


Activities, along with Vitas Hospice had a Veterans Day ceremony for all of our Veterans. Grant and Thomas grilled pork tenderloins, rice and green beans for their lunch. Thank to all our Veterans for their service.

Thank you Vitas Hospice for coming in and doing the Veterans Day ceremony. They provided pins and a certificate. All our veterans really appreciated it.

Winter-Themed Crossword Puzzle

December 21 is National Crossword Puzzle Day—a perfect time to celebrate the benefits of this fun and brain-boosting activity! Regularly solving crosswords can help sharpen memory, strengthen logical thinking, and enhance vocabulary and spelling skills. Whether you're tackling tricky clues or enjoying a daily puzzle, crosswords offer a stimulating way to keep the mind active and engaged at any age.



Crossword Clues

ACROSS

3. Crystals of falling snow
4. Holiday accessories used to adorn or decorate
6. Served hot, chocolaty
8. Sweet dough, dropped or cut into shapes
10. Pine, wood, decorated
13. Most famous reindeer
14. A hard, seasonal confection with a curve at one end (two words, no space)
15. Horse-drawn vehicle for snow
17. Something given, wrapped
19. A drink made of eggs, milk or cream; sugar, liquor is optional
20. A holiday plant with bright scarlet, pink, or white leaves

DOWN

1. 12th month of the year
2. A medley or collection of festive songs, sung aloud in a group
5. Figure of a person made of packed snow
7. Cold season between autumn and spring
9. Circular band of flowers/foilage hung during the holidays
11. Small humans in folklore, pointed ears
12. Long-established customs that are passed on for generations
16. Circular baked good with a filling of meat or fruit
18. Any persons closely related or that comprise a single unit

Crossword Answers

Flip the page upside down for answers

ACROSS: 3. snowflake, 4. ornaments or
 trimmings, 6. cocoa, 8. cookies, 10. tree, 13.
 Rudolph, 14. candycane,
 15. sleigh, 17. gift, 19. eggnog, 20. poinsettia
 DOWN: 1. December, 2. carols, 5. snowman,
 7. winter, 9. wreath, 11. elves, 12. traditions,
 16. pie, 18. family

Christmas Activities

- Dec. 2-5 Decorating Christmas Trees and Building
- Dec. 4 Christmas/Gospel Music with Lisa 10:30 am
- Dec. 8 Church Service with Liberty Holiness Church
- Dec. 9 Hot Cocoa Bar 2pm
- Dec. 11 Painting Gingerbread Houses 2pm
- Dec. 13 Egg Nog and Cookies Social 2pm
- Dec. 15 Church Services with Shiloh Ministries
- Dec. 16 Cookie Decorating 10am
- Dec. 18 Christmas/Gospel Music with Lisa 10:30a
 Christmas Ornament Craft 2pm
- Dec. 19 Resident Christmas Party 2pm
- Dec. 23 Live Entertainment with Billy Lipford
- Dec. 25 Activity Staff will be handing out Christmas Gifts 10am
- Dec. 31 New Years Eve Party 2pm



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COME JOIN US

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Excellent 401K & Benefits

Call Brianna at 850-674-4311 Ext. 800

to set up an interview

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Congratulations to Angel M. for completing the LPN program. We are so excited to add you to our nursing staff. Congratulations Angel.



December – Word Search

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!



Word List

- ACTIVE
- ANGEL
- BOOK
- CROSSWORD
- CYBER
- FAMILY
- GIFT
- JOY
- ORNAMENT
- PAPER
- RELAX
- SHOP
- SNOWMAN
- TRADITION
- WINTER