



Blountstown

Health & Rehabilitation Center

16690 SW Chipola Road
Blountstown, FL 32424

phone 850.674.4311

fax 850.674.3798

blountstownhealthandrehab.com

Newsletter

Happy Birthday!

Residents Birthdays

Melody S.	September 08
Dewey W.	September 08
Dolly M.	September 09
Videlle B.	September 15
Minnie S.	September 15
Leonard. M.	September 17
Virginia M.	September 18
Maxine H.	September 19
Mildred G.	September 26
Annabel M.	September 28

Staff Birthdays

Debra T.	September 01
Courtney R.	September 03
Antonio T.	September 09
John R.	September 11
Mandy H.	September 14
Brie D.	September 16
Deloris D.	September 17
Elizabeth S.	September 19
Temicka H.	September 21

Staff Anniversaries

William C.	9/09/2015
Sandra F.	9/05 2018
Austin G.	9/07/2018
Kimberly M.	9/13/2018
Debra T.	9/27/1996
Michelle T.	9/30/2020
Melinda W.	9/28/2021

Welcome New Employees!

Sharneah D	8/12 2022
Larry M.	8/04/2022
Jamie T.	8/04/2022

Moments Matter

At Blountstown we believe it's the Moments that Matter. We take pride in our ability to make a positive impact on others' lives. If you observe one of our team members going out of their way to make someone's day a brighter one, we'd like to know!

Please come to our front desk and ask for a Moments Matter Card to so we can pass along your appreciation

Employee of the Month

Congratulations to Tonya K. for her outstanding teamwork and our September Employee of the Month.

Tonya has been with BHRC since June 2020. She is an outstanding LPN who cares deeply about her residents. She has gone above and beyond by helping the nursing team while they had a team member out. She comes in on her days off and always has a positive attitude. We are grateful to have such a dedicated team member who will be there when we need her.

Thank you Tonya for all you do. You are definitely a five star employee.



SEPTEMBER 2022

ADMINISTRATIVE NEWS

Great news! Four out of our five students passed their certified nursing aide boards on Thursday, August 11, and we are super excited about these new employees. We really believe we have had some really good quality hires as of late and continue to keep this as a top priority. We are also going to be installing a state-of-the-art camera surveillance system in September. This will allow us to remotely monitor what is occurring while away from the facility and it will be monitored 7 days a week. Thank you for your continued support as we strive to get better daily.

- Grant Williams, LNHA

Nine Letter Word Puzzle

Can you find the 9-letter word in this puzzle?

Last month's Answer:

MACADAMIA



WORD: _____

Activity News Highlights

The Activity Dept. has been having a lot of fun with the residents. Patsy dressed up in Minnie ears and put big smiles on the resident's face. We did some face painting. Look at all the crazy faces. Art. B even let us braid his beard. Doesn't he look great!!!



RESIDENT RIGHTS

RESPECT AND DIGNITY

- You have the right to share a room with a person you choose when practicable, when you both live in this facility and both of you agree to share the room
- You have the right to receive written notice, including the reason for the changes, before your room or roommate in this facility is changed
- You have the right to refuse to transfer to another room in this facility under certain circumstances including convenience of staff. Exercising your right to refuse transfer does not affect your eligibility or entitlement to Medicare or Medicaid benefits

More Activity Highlights



ACTIVITY NEWS

EVENING ACTIVITIES AT 7PM

- Monday: Movie night
- Tuesday: Music on the Patio
- Wednesday: Social Hour with games and music
- Thursday: Bingo
- Friday: Trivia Night

UPCOMING EVENTS

Root beer floats on the 2nd at 2pm

Holiness Church Service and music
4th at 3pm

Snow Cones 9th at 2pm

Chocolate Milk Shake Day 12th-

Cooking Class; decorating
cupcakes 15th 2pm

Ice Cream Cone 16th 2pm

Pie and coffee social 23rd 2pm

Church services every Sunday at
10:15am

Bingo every Sunday, Tuesday and
Thursday

Western Day party 29th at 2pm

For staff and residents, come dress
in your western outfits!!



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Find Us On Facebook

Administrative Team

Administrator

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Payroll/Benefits Coord.

Lydia Pfeider • Ext. 127

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Infection Control Nurse

Michelle Thrasher • Ext. 116

icnurse@blountstownhealthandrehab.com

Staff Coordinator

Brianna Jacobs • Ext. 100

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Social Services, Admissions

Tammy Godwin • Ext. 103

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Director of Nursing

Rebecca Bailey Ext. 102

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East Nurses Station

Ext. 109 & 110

West Nurses Station

Ext. 108 & 111

West Wing Unit Manager

Kim Herring • Ext. 130

riskman2@blountstownhealthandrehab.com

East Wing Unit Manager

Marla Sewell • Ext. 104

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Business Office Manager

Cecilia Shiver • Ext. 112

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Therapy Dept. Manager

Lauren Moore • Ext. 117

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MDS Coordinator

Danae Holmberg • Ext. 129

mds@blountstownhealthandrehab.com

Dietary Manager

Sarah Mabbott • Ext. 106

dietary@blountstownhealthandrehab.com

Activities Director

Connie Gottfreid • Ext. 107

activities@blountstownhealthandrehab.com

Environmental Services

Maintenance Director

Thomas Cook • Ext. 115

maintenance@blountstownhealthandrehab.com

Visiting hours are from 8am to 7pm, 7days a week.
If you have any questions please call 850-674-4311

COME JOIN US

Now Accepting Applications for most positions.
Visit Our Website! Blountstownhealthandrehab.com.
Excellent 401K & Benefits

Making Hard decisions

When caring for individuals with dementia, caregivers must address many challenges. When is it the right time to limit someone's independence, and how do you ease the trauma when you do?

Some Indicators to Consider:

Independence

Frequent falls

- Having trouble performing essential self-care like preparing meals and eating
- Leaving the oven on and other kitchen mishaps
- Unable to administer medications accurately
- Unable to maintain home appropriately

Confiscating the Keys to the Car

- Getting lost driving to and from familiar places
- Having accidents or close calls

- Receiving tickets/traffic violations
- Trouble reading or recognizing street signs

Taking Financial Control

- Failure to pay bills timely
- Overdrafts of bank accounts and unsafe credit card use
- Impulsive, inappropriate purchases

Some Approaches to Consider

- It takes a village. Enlist the help of others for help and support.
- Allow as much control as possible in areas where safety is not an issue.
- Listen with empathy. Let them know you're on their side.
- Remain calm in the face of strong emotions and resistance.
- Discuss/execute living will and power of attorney documents before health issues arise.

September – Word Search

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!



Word List

- ACTIVE
- AGING
- BREAKFAST
- CARE
- CHILD
- CONSIDERATE
- FALL
- GRANDFATHER
- GRANDMA
- HAPPY
- HEART
- LEARN
- NEIGHBOR
- ONLINE
- PREVENT