



# Blountstown

Health & Rehabilitation Center

16690 SW Chipola Road  
Blountstown, FL 32424

phone 850.674.4311

fax 850.674.3798

blountstownhealthandrehab.com

*Happy Birthday!*

## Residents Birthdays

Maysel W. June 01

Patricia G. June 04

Betty N. June 09

Ben S. June 13

Velma S. June 15

Hazel R. June 18

Mary G. June 21

Wallace N. June 26

Ruth B. June 27

Faye S. June 30

## Staff Birthdays

Destiny S. June 12

Becky P. June 18

Anita S. June 19

Lilana V. June 21

Sheri W. June 29

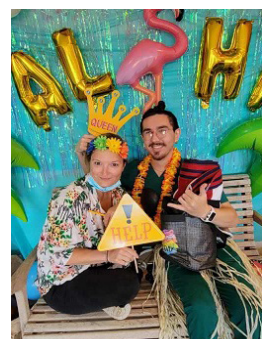
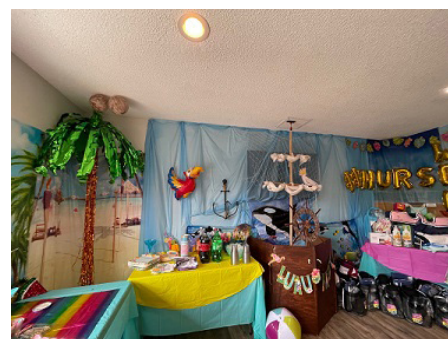
**JUNE 2022**

# Newsletter

## NURSES WEEK

Ahoy!! We celebrated our nurses during Nurses Week May 9th-13th. The theme was cruise from Pandemic to Paradise. We celebrated each day with a different cruise location.

Monday was our bon voyage with breakfast. Tuesday we were in Mexico with taco bar, Wednesday we had some great Italian dishes. We were at sea on Thursday with cocktail snacks and the ice truck. Finally on Friday we had a Luau style party with lots of food, prizes and appreciation gifts.



# UPCOMING EVENTS

**PANCAKE BREAKFAST**  
Grant will be cooking a pancake breakfast for all staff, residents, and visitors on Tuesday 21st from 7am to 8am. Come get a stack of pancakes!

## FATHER'S DAY

We will be having Donuts for Dad on Sunday for Father's Day. There will be a special Father's Day menu for lunch.

## ICE CREAM SOCIALS

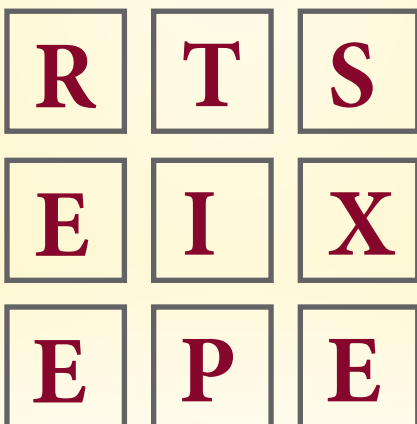
Come join us every Thursday at 2pm for Ice Cream Sundaes

# Nine Letter Word Puzzle

Can you find the 9-letter word in this puzzle?

Last month's Answer:

HAILSTORM



WORD: \_\_\_\_\_

# ICE TRUCK VISITS

A big shout out and a thank you to Covenant Hospice for bringing their Ice Truck out to help celebrate nurse's week. The staff really enjoyed their icy.



*A BIG THANK YOU to the following for their donations for Nurses Week  
Covenant Hospice, Emerald Coast Hospice, Calhoun Liberty Employee Credit Union  
Your donation was greatly appreciated!!*

# Say Something Nice Day

Words are powerful, and people often remember how your words made them feel. When your kind words are sincere, others may tend to feel more comfortable around you, and you may be more likely to receive compliments!

Saying nice things also has a ripple effect, and the people you uplift may be more likely to uplift others if their mood has been improved by your kind words. Ultimately, your small compliment can end up having a big impact! And if someone is having a bad day, saying something nice can potentially turn their entire day around.

Once you start looking, you'll find that there is plenty to compliment! Do you like someone's shoes? Do they look fantastic in the color orange? Did they do a great job on a project? Do you just enjoy their presence? Let them know on June 1 – you can improve someone's day, contribute to making the world a more cheerful place, and make yourself happier in the process.





# Congratulations

## CONGRATULATION TO KASSIE WOOD OUR NURSE OF THE YEAR!!

Kassie has been an LPN with BHRC for 8 years. She is a hard worker, dedicated to her patients, has a great heart and goes above and beyond to make sure all her residents are provided good quality of care. She is respected by her peers and is someone who they can go to if they need something. We are happy to a 5-star employee. Thank you, Kassie, for all you do for BHRC and for our residents. We greatly appreciate you.

# ACTIVITY NEWS

May was another busy month for everyone. There are a lot of new activities coming in June. We are going to start a gardening club. Instead of digging in the ground we are going to plant in hay bales. I'm hoping to start it the second Monday of the month.

I have a lot of ladies asking to get their nails painted. If you want your nails done, please ask any of the activity staff.

Since the weather is getting warmer residents are wanting to get outside more. On Tuesday's morning we will be taking residents outside to get fresh air and listen to some old country music.

Games and Games, residents have been asking for more games on the calendar. I added Rummy cube, Scrabble, Guess in 10 and a few card games. Activity staff will teach everyone how to play. We are excited to start. If you have a favorite game, let us know we will add it.

I have two new activity staff. Please welcome Debbie and Sierra. We are excited to have them as part of our activity team.

## May Employee of Month

Francis B. in our housekeeping/laundry department is our May Employee of the month. She has been with BHRC for 26 yrs. She is dedicated to her work; she goes above and beyond what is expected of her. We are lucky to have such a dedicated employee. Thank you Francis for all you do. You are greatly appreciated.



## JUNE EMPLOYEE OF MONTH

Junior B., who is our front door screener, is June employee of the month. He always has a smile on his face.

He is very friendly to all our family members and visitors that he screens in. He has been with BHRC since December 2021. He is a pleasure to have as part of our team. Thank you, Junior, for all you do. You do such an amazing job. You always tell us when we need to keep our masks on.



## HAPPY FATHER'S DAY

### Father's Day Menu

- Roast Beef
- Potatoes
- Carrots
- Roll
- Homemade Cake



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Find Us On Facebook

## Administrative Team

### Administrator

Grant Williams • Ext. 122

### Payroll/Benefits Coord.

Lydia Pfeider • Ext. 127

### Infection Control Nurse

Michelle Thrasher • Ext. 116

### Social Services, Admissions

Tammy Godwin • Ext. 103

### Director of Nursing

Rebecca Bailey • Ext. 102

### West Wing Unit Manager

Kim Herring • Ext. 130

### East Wing Unit Manager

Marla Sewell • Ext. 104

### East Nurses Station

Ext. 109 & 110

### West Nurses Station

Ext. 108 & 111

### Therapy Dept. Manager

Lauren Moore • Ext. 117

### Business Office Manager

Cecilia Shiver • Ext. 112

### Dietary Manager

Sarah Mabbott • Ext. 106

### MDS Coordinator

Danae Holmberg • Ext. 129

### Activities Director

Connie Gottfreid • Ext. 107

### Environmental Services

### Maintenance Director

Thomas Cook • Ext. 115

Visiting hours are from 8am to 7pm, 7 days a week. If you have any questions please call 850-674-4311

### COME JOIN US

Now Accepting Applications for most positions.

Visit Our Website!

Blountstownhealthandrehab.com.

Excellent 401K & Benefits

# Go Nuts for Doughnut Day!

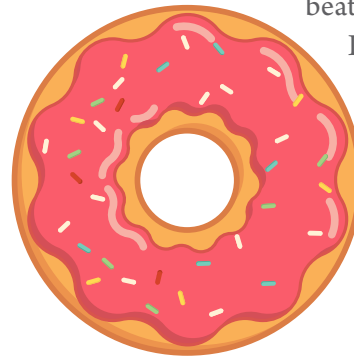
**Did you know there are two doughnut holidays each year?** The first is on the first Friday in June and the second is in November. The Salvation Army is said to have created the date celebrated in June, known as “Doughnut Day,” as a fundraiser to honor the women, known as “doughnut lassies,” who originally delivered fried up tasty dough balls in service-issued helmets to soldiers during WWI.

“Doughnut” is now commonly spelled “donut” due to increased appearance

in popular culture, such as *The Simpsons* and *Dunkin Donuts*.

Due to their mainstream growth and tastiness, the basic doughnut has

evolved! In novelty boutique bakeries like Voodoo Doughnuts, you can find exotic doughnut creations filled with combinations of pie filling, jellies, and creams and topped with cereal, candy, and flavored drizzles. However, some people will always argue that nothing beats a fresh, off-the-line, glazed Krispy Kreme doughnut!



Whether you enjoy a cinnamon twist, apple-maple-bacon round, cruller, long john, nutty, Boston crème, bear claw, jelly, coconut, sprinkles, or powdered sugar doughnut holes, there

is bound to be a doughnut for everyone! With so many delicious varieties to choose from, what doughnut are you reaching for on June 3?

## June – Word Search

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!



### Word List

- APHASIA
- CELEBRATE
- DONUT
- FATHER
- HEALTH
- HYDRATE
- JUNE
- MEN
- NATURE
- NICE
- OUTDOORS
- SUMMER
- SUPPORT
- SURVIVOR
- WATER