

16690 SW Chipola Road Blountstown, FL 32424 phone 850.674.4311 fax 850.674.3798 blountstownhealthandrehab.com

#### A Real Hero

Bobby P. was honored with the Quilt of Valor for his twenty year service in the Army. He retired in 1978 and then went on to be a senior ROTC instructor at Chattahoochee High School. He was at CHS for another twenty years. Thank you, Bobby P., for your service.





ALL OF THE STAFF AT BHRC WOULD LIKE TO WISH EVERYONE A HAPPY AND BLESSED THANKSGIVING!

#### EMPLOYEE OF THE MONTH

Congratulations to Tara Connor who is our November Employee of the Month. Tara has been a CNA with BHRC since August 2017. She takes good care of all the residents with a smile, good attitude and is attentive to all their needs. She goes above and beyond to help her coworkers and residents. We are so grateful to have her as one of our 5-star employees. Thank you, Tara, for all you do!



**NOVEMBER 2021** 



## Happy Birthday!

#### Staff

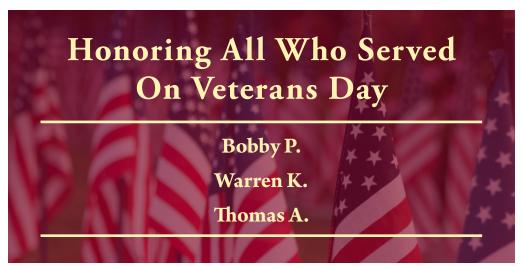
Grant Williams. Nov 4th Nov. 5th Joe Nisley Amanda McKenzie Nov. 7th Frances Taylor Nov. 11th Nov. 22nd Shelly Goodwin Nov. 24th Tamon Williams Nov. 28th Tonya Lawrence Terrianne Edenfield Nov. 30th

## Staff Anniversary

 Jasmine Morris
 11/04/2019

 Joy Nissley
 11/13/2019

 Desiree Basford
 11/12/2020



## Photo Highlights



Staff dressed in pink to celebrate Breast Cancer Awareness Month.

Look at all that Pink!!



Thomas and Grant acknowledged our employees in our housekeeping department who have been with Blountstown Health and Rehab for 25 years.

Shirley Wilson, Frances Black and Debra Thomas.

We are lucky to have such dedicated employees Thank you for all you do!

#### **Activity News**

October was a busy month with Halloween, Pumpkin Carving and costume contests. Resident enjoyed all the Halloween festivities. Pictures of our winners will be announced in December's newsletter.

Since the weather has been nicer, we have been doing more outside. Resident's enjoyed music and brain games on the patio. We also did some flower arranging so residents could put them in their rooms.



Residents enjoying the gorgeous weather. Fall is in the air!!



Residents had a great time being creative during our pumpkin painting



Look at all those great pumpkins!



Residents enjoy painting their pumpkins.



Residents enjoyed making their fall flower arrangements.



They turned out so cute. They put them in their rooms.



For Halloween crafts we made Boo door decorations!



Beth shows off her fabulous Boo decoration!

#### **NEW HIRES**

**SEPTEMBER** 

Dawn Brown
Margarita Brown
Sydney Helms
Kara McDaniel
Lorraina Nava
Dillion Oliver
Baileigh Oneal
Bonnie Searles
Robert Sims
Haley Sims

NOVEMBER
Melinda Womble



# THANKSGIVING DAY MENU

TURKEY
STUFFING
MASH POTATO'S
AND GRAVY

GREEN BEAN CASSEROLE ROLLS

PUMPKIN PIE



#### Administrative Team

Administrator Grant Williams • Ext.122

Social Services

Tammy Godwin • Ext. 103

Director of Nursing
Rebecca Bailey • Ext. 102

West Wing Unit Manager

Kim Herring • Ext. 130

East Wing Unit Manager Marla Sewell • Ext. 104

> East Nurses Station Ext. 109 & 110

> West Nurses Station EXT. 108 & 111

Therapy Dept. Manager

Chad Pomes • Ext. 117

Business Office Manager Cecilia Shiver • Ext. 112

Dietary Manager Sarah Mabbott • Ext. 106

Activities Director
Connie Gottfreid • Ext. 107

Environmental Services

Maintenance Director

Thomas Cook • Ext.114

MDS Coordinator

Danae Holmberg • Ext. 129

Payroll/Benefits Coord.

Lydia Pfleider • Ext. 127

Infection Control Nurse
Michelle Thrasher • Ext. 116

Visiting hours are from 8am to 7pm, 7days a week. If you have any questions please call 850-674-4311

#### COME JOIN US

Now Accepting Applications for most positions.

Visit Our Website!

Blountstownhealthandrehab.com.

Excellent 401K & Benefits

Newsletter Production by PorterOneDesign.com



## What is Friendsgiving?

Thanksgiving is for your family, "Friendsgiving" is for you friends! Keeping in contact with your friends can be tricking during the hustle of day-to-day, but don't worry, you can make up for lost time with a proper Friendsgiving. The word "Friendsgiving" first appeared around 2007, as an informal large meal which featured a mishmash of friends and relatives, rather than the more traditional family-only event. Take some time to plan a get together, in-person or online, where you can sit and talk with a group of your friends whom you've been missing. Share stories about your experiences over the past year, and let them know what you are thankful for.

#### November - Word Search

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

С	W	Υ	Α	U	S			В	D	Ι	Ι	R	K	U
C	S	U	Τ	R	Ζ	Ι	U	G	G	0	$\mathbb{W}$	0	S	Υ
Α	R	Ι	P	F	$\mathbb{N}$			P	R	Е	S	S	0	$\bigvee$
R	V	L	K	Τ	Υ	G	$\bigvee$	Α	S	P	D	L	J	Α
Ε	J	F	R	0	M	R	Е	C	Τ	Ι	K	C	G	C
G	Н	$\bigvee$	В	Ν	$\mathbb{W}$	Α	Τ	Α	R	C	P	J	S	C
Ι	0	P	P	G	R	Τ	Е	P	Е	K	U	X	Н	Ι
V	L	$\bigvee$	Ι	U	В	Ι	R	P	S	L	0	M	D	N
Е	Ι	Q	Е	Е	Τ	Τ	Α	U	S	Е	C	X	Е	Е
R	D	P	R	0	N	U	Ν	C	Ι	Α	Τ	Ι	0	N
M	Α	Τ	C	U	L	D	Χ	C	Τ	$\bigvee$	Υ	X	G	Е
Р	Υ	Z	Н	C	F	Е	K	Ι	R	C	X	G	W	C
D	Ι	Α	В	Е	Τ	Е	S	Ν	0	U	Н	0	Ν	Z
Τ	Е	L	Е	$\bigvee$	Ι	S	Ι	0	Ν	Н	Z	Τ	Z	U
C	Н	$\bigvee$	Ι	Τ	Η	Α	N	K	F	U	L	Ι	0	0

Word List
DIABETES
FAMILY
FRIENDS
GRATEFUL
GRATITUDE
HERITAGE
HISTORY
HONOR
NOVEMBER

MUSTACHE PULMONARY

TELEVISION

THANKSGIVING

**TRADITION** 

**VETERANS**