

850-674-4311

The BHRC Times

AUG 2019

Blountstown Health and Rehab Center

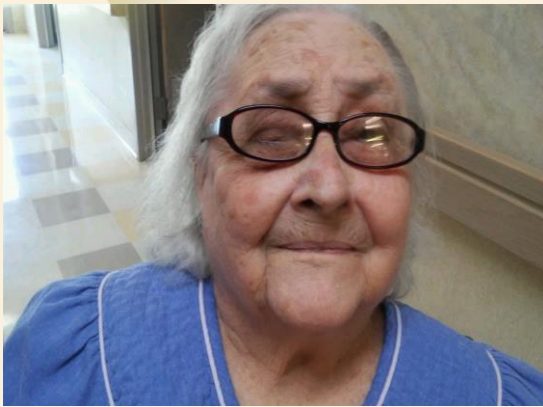
16690 S.W. Chipola Rd, Blountstown, FL 850-674-4311

Jennifer Reyes, Administrator ext. 122

Yadira (Jay) Prowant, Director of Nursing ext. 102

“OUR BHRC RESIDENT SPOTLIGHT”

Armartine Cain



Resident of the Month

Armartine has lived most of her life here in Calhoun County. She married James (Joe) Cain who was a pastor. She was always very involved in Church groups & activities. They opened a meat business, made sausage & had a route selling all around the area. Her & her Mother liked to sew & she spent a lot of time helping to raise relatives' children. Armartine has always loved children, listening to gospel music & preachers preaching.



Mr. Burrell Sumner has been honored with an Official Proclamation as an “Ambassador For Peace”. He also received an “Ambassador For Peace” Medal”. Both of these are from The Minister Patriots of Veterans Affairs, Republic of Korea, for his service performed in restoring & preserving freedom, democracy and helping reestablish their Free Nation.

Please Welcome

BHRC's Newest Employees

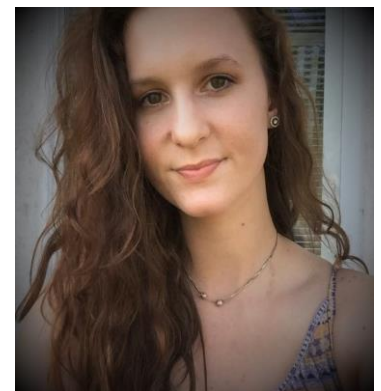
AUDREY WARD

FRENSELA HOLMES

TATE BENNETT

“Congratulations”

Lindsey Laramore LPN



Recently passed her Florida Nursing State Boards!

Lindsey began working at BHRC as a Certified Nurse's Assistant in 2016 & is a vital asset.

She went to Tom P. Haney Technical Center for Nursing.

We are proud to have her on our Nursing Team!!!

**Resident Choice
Meal of the Month
"PICNIC DAY"**

- 2 Meat Subs**
- Lettuce & Tomato**
- Potato Salad**
- Ice Cream**
- Drink**

Monday, Aug 5th



**Now Accepting Applications
for most positions
Visit Our Website!**

blountstownhealthandrehab.com

Excellent 401K & Benefits!

Come Join Us!

Rated "5 Stars" by Medicare in 2015-2018
(4 Consecutive Years)

Social Services, Admission & Marketing

Tammy Godwin
ext. 103

Asst. D.O.N.
Rebecca Bailey ext.104

West Wing Unit Manager
Kim Herring ext. 130

East Nurses Station
Ext. 109 & 110

West Nurses Station
Ext. 108 & 111

Therapy Dept. Manager
Chad Pomes ext. 117

Business Office Manager
Cecilia Shiver ext. 112

**Director of
Environmental Services**
Todd Prowant ext. 116

Dietary Manager
Sarah Mabbot ext. 106

Activities Director
Debby White ext. 107

Maintenance Director
Thomas Cook ext.114

MDS Coordinator
Danae Holmberg
ext. 129

Payroll/Benefits Coord.
Kyla Sims ext. 127

**Medical Records,
Transportation &
Scheduling**
Sandra Baber ext. 115

Shirley Wilson

BHRC's August Employee of the month!!!

CONGRATS



CONGRATS

Shirley was born in Fort Lauderdale & raised in Hallandale Beach, Fl. & graduated from South Broward High School in 1970. She is the oldest of her 4 sisters & 2 brothers & has a daughter, Stephanie & 4 Grand's, 3 boys & 1 young lady. Shirley 1st worked at the world-famous Marco Polo Hotel on Miami Beach & Sheraton Resort Hotel in Fort Lauderdale. She says: "I was looking for something different when I began working here 23 years ago, before we received our 1st residents. I love working here with all the different staff & residents, it is something we always get right." Her hobbies are watching TV & interacting with people. She has a pet dog named Rascal who she found in the ditch 10 years ago. Her advice is to "Love Life & Be True to Self Always"
"Thank You for all you do for our residents"



**AUGUST IS NATIONAL
PSORIASIS AWARENESS
MONTH!**

An estimated 7.5 million Americans suffer from this skin condition that causes itchy or sore red patches of skin with silvery scales.



Psoriasis is not contagious, it occurs when the normal life cycle of skin cells is accelerated by the immune system, causing buildup of dead skin cells, which form the thick, silvery scale-like appearance. The most common psoriasis is Plaque Psoriasis, causing the red, scaly lesions; Scalp Psoriasis; Nail Psoriasis, causing abnormal nail growth; and Psoriatic Arthritis, causing stiffness and progressive joint damage. There is no cure for psoriasis, but many treatments exist to interrupt the overproduction of skin cells and to provide significant relief.

August Birthdays

RESIDENTS

Curtis Lollie Aug 1
 Dewey Roberts Aug 2
 Gordon Revell Aug 8
 Norma Shanley Aug 10
 Christell Walden Aug 18
 Sarah Lee Aug 20
 Mary Batson Aug 27

Employees

Sarah Durden Aug 1
 Tara Connor Aug 7
 Levada Tipton Aug 9
 Courtney Bailey Aug 9
 Savannah Stephens Aug 11
 Cora Tucker Aug 12
 Kayla Dalton Aug 18
 Lydia Pflieger Aug 20
 Yadira Prowant Aug 23
 Kassandra Wood Aug 23
 Regina Kestel Aug 26
 Suzanne McLeroy Aug 26
 Lauren Johnson Aug 27



ACTIVITY NEWS

We would like to welcome our newest volunteer, Bob Barsh. Bob is entertaining us with a delightful variety of familiar tunes everyone can sing along to. He has been involved in this type program for many years. We are very glad to have him.

In addition to our preferred activities, we are celebrating some special events such as National Root Beer Float Day, Remembering Elvis and Lemonade's Birthday.

Due to the weather being so hot, we are having an indoor picnic. It will be like the traditional picnic, only without the heat, occasional thunderstorms and ants.

We hope everyone is having a wonderful summer. Stay Cool!!!

As BHRC strives for continued excellence to stay on the leading edge of Skilled Nursing Care for our community!



Danae Holmberg RN & Kim Herring LPN
 Attended International Classification of Diseases I.C.D. 10 "Code Training"!



June Kudo's Winner
Lauren Johnson

She won a Walmart gift certificate for receiving the most Kudo Points in June.

ANDY GRIFFITH TRIVIA

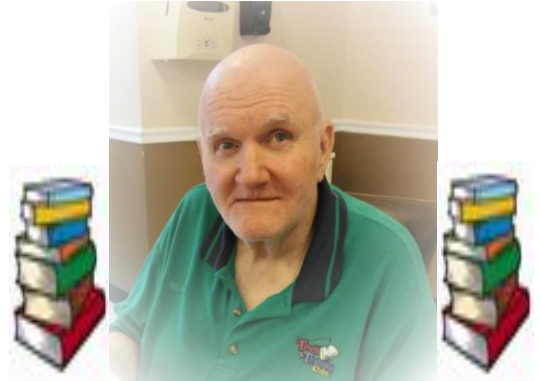
4 Points for every correct answer

1. The fictional town of Mayberry is located in which U.S. state?
2. Last name of Andy's character on 'The Andy Griffith Show'?
3. What is Barney's last name?
4. How is Bee related to Andy?
5. Name of Jim Nabor's character on 'The Andy Griffith Show'?
6. What musical sound is heard in the theme song?
7. Name the theme song to 'The Andy Griffith Show'?
8. Who owned the local barbershop in Mayberry?
9. What was the name of the town drunk in Mayberry?
10. "Nut" character always breaking windows with rocks.
11. Name the schoolteacher who Sheriff Andy marries?
12. Which of Andy's girlfriends worked in the drugstore?
13. What was the name of the drugstore in Mayberry?
14. Which "Pyle" appears the most on 'The Andy Griffith Show'?
15. Where does Barney's second girlfriend, Juanita Beasley work?
16. Do viewers ever see Juanita Beasley in onscreen?
17. Deputies name who replaced Barney for eleven episodes?
18. Who was Aunt Bee's best friend?
19. Andy's sheriff character was first introduced on what sitcom?
20. In "The Christmas Story," who's the richest man in Mayberry?
21. Name of Aunt Bee restaurant in Season seven?
22. Town Andy & Barney visit in "Andy & Barney in the Big City"?
23. What was the name of the Taylors' first housekeeper?
24. According to yearbook photo, Barney's middle name is?
25. In "Barney's Bloodhound," name Barney's Police dog?

BHRC Book club News

Larry Trantum

Read 28 Books this month



James Rollins	26 Books
Shirley Strickland	12 Books
Elma Mullins	7 Books
Curtis Lollie	7 Books
Sandra Salter	6 Books
Doris Smith	3 Books
Janet Ballard	3 Books

Residents that would like to
"JOIN THE BOOK CLUB"
 please see Patricia in
 Activities!

Andy Griffith Characters

The Andy Griffith Show ran for eight seasons from 1960 - 1968 but is still enjoyed by many today. Here are the thirteen most seen characters and their role on the show. Who was your favorite?

E L Y P R E M O G R R D L Z L Y
 D N E I R F L R I G S Y D N A T
 K P M U R C N E L E H M B Y C U
 R Q R R L M B K K P M N A R L P
 Z W W O E P A N R D Y C R R A E
 M D D L E Q R Z A N N K N E R D
 V L K Y B L N N L E R B E B A C I
 G L F A T V E K C I O D Y Y E I
 E E A T N F Y R T R L C S A D N
 L B N Y U N F E T F Y O G M W A
 Y P D D A W I N E T A U I F A H
 P M Y N F E F W M S T N R O R C
 R A S A F U E O M E E T L F D E
 E C P L I G L P E B I Y F F S M
 B S A T R A L O T S P C R I Y O
 O I T H E R Z H E E O L I R T U
 O T E E H P A S E E M E E O U
 G O R L S S N T B B E R N H W A
 L Z N M Y D D I A T C K D S N K
 Q Z A A T R Y X R N H C T L D Y
 F G L L U A S I B U A L W W R M
 G N A O P W S F E A N M D N U G
 H G U U E O O V R D I Z V T N N
 H L N L D H N N P F C Z G T K M
 P G T R E H C A E T L O O H C S
 M Y B H T F L O Y D L A W S O N

- ANDY TAYLOR
SHERIFF OF MAYBERRY
- OPIE TAYLOR
ANDY'S SON
- BARNEY FIFE
DEPUTY SHERIFF
- AUNT BEE
ANDY'S PATERNAL AUNT
- GOOBER PYLE
AUTO MECHANIC
- FLOYD LAWSON
THE BARBER
- HELEN CRUMP
SCHOOL TEACHER
- ANDY'S GIRLFRIEND
- HOWARD SPRAGUE
COUNTY CLERK
- OTIS CAMPBELL
TOWN DRUNK
- CLARA EDWARDS
AUNT BEE'S BEST FRIEND
- THELMA LOU
BARNEY'S GIRLFRIEND
- GOMER PYLE
MECHANIC
DEPUTY
- EMMETT CLARK
FIX-IT SHOP OWNER

Honoring BRHC 20+ Year Staff

We would like to recognize & congratulate staff who have reached 20+ years of service in 2019 on Thursday, August 29, with a 20+ year Anniversary Luncheon.

Shirley Wilson	27 May 1996
Tammy Godwin	3 June 1996
Frances Black	17 July 1996
Debra Thomas	27 Sept 1996
Cecilia Shiver	2 Dec 1996
Charlene Clark	30 May 1997
Terri Owens	28 May 1998
Cora Tucker	26 Feb 1999
Brenda Smith	13 June 1999



Andy Griffith

Trivia Answers

1. North Carolina
2. Taylor
3. Fife
4. His Aunt
5. Gomer Pyle
6. Whistling
7. "The Fishin' Hole"
8. Floyd Lawson
9. Otis Campbell
10. Ernest T. Bass
11. Helen Crump
12. Ellie Walker
13. Walker's Drugstore
14. Goober Pyle
15. Waitress at the Bluebird Diner
16. No
17. Warren Ferguson
18. Clara Edwards
19. The Danny Thomas Show
20. Ben Weaver
21. Aunt Bee's Canton Palace Chinese Restaurant
22. Raleigh
23. Rose
24. Milton
25. Blue



From Your Laundry Dept.



From Your Housekeeping Dept.



August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ACTIVITIES ARE SUBJECT TO CHANGE	One to One Programs Monday – Friday and Saturday	Chaplain Visits – Friday AM	* National Root Beer Float Day Remembering Elvis Lemonade's Birthday Indoor Picnic	1 9:30 Social Club 9:45 Shape Up 10:00 Dwayne's Hour 2:00 Reminisce	2 9:30 Social Club 9:45 Shape Up 10:00 Kinard Church 2:00 Activity Committee 5:30 Resident Choice	3 9:15 Good Morning Rounds 10:00 Fun and Games 2:00 Bingo
4 9:00 Church Service 3:00 Liberty Holiness Church	5 9:30 Social Club 9:45 Shape Up 10:00 Bingo 12:00 Indoor Picnic 2:00 Resident Council	6 * 9:30 Social Club 9:45 Shape Up 10:00 Bingo 2:00 Root Beer Float Party 5:30 Resident Choice	7 9:30 Social Club 9:45 Shape Up 10:00 Bible Study 2:00 Pretty Nails	8 9:30 Social Club 9:45 Shape Up 10:00 Glad Tidings 2:00 Guy Time	9 9:30 Social Club 9:45 Shape Up 10:00 Larry's Hour 2:00 Cooking Club 5:30 Resident Choice	10 9:15 Good Morning Rounds 10:00 Fun and Games 2:00 Bingo
11 9:00 Church Service 2:00 Popcorn Party	12* 9:30 Social Club 9:45 Shape Up 10:00 Bingo 2:00 Rememberin g Elvis	13 9:30 Social Club 9:45 Shape Up 10:00 Bingo 2:00 Bob's Tunes 5:30 Resident Choice	14 9:30 Social Club 9:45 Shape Up 10:00 Bible Study 2:00 Pretty Nails	15 9:30 Social Club 9:45 Shape up 10:00 Dwayne's Hour 2:00 Creative Crafts	16 9:30 Social Club 9:45 Shape Up 10:00 Kinard Church 2:00 Swift Water 5:30 Resident Choice	17 9:15 Good Morning Rounds 10:00 St. Mary's Baptist Church 2:00 Bingo
18 9:00 Church Service 2:00 Sunday Sundae	19 9:30 Social Club 9:45 Shape Up 10:00 Bingo 2:00 Brain Aerobics	20* 9:30 Social Club 9:45 Shape up 10:00 Bingo 2:00 Luscious Lemonade 5:30 Resident Choice	21 9:30 Social Club 9:45 Shape Up 10:00 Bible Study 2:00 Pretty Nails	22 9:30 Social Club 9:45 Shape Up 10:00 Dwayne's Hour 2:00 Pie of The Month	23 9:30 Social Club 9:45 Shape Up 10:00 Steve's Hour 2:00 Waffle Party 5:30 Resident Choice	24 9:15 Good Morning Rounds 10:00 Kinard Ladies 2:00 Bingo
25 9:00 Church Service 2:00 Popcorn Party	26 9:30 Social Club 9:45 Shape Up 10:00 Bingo 2:00 Enjoying Everyday Life	27 9:30 Social Club 9:45 Shape Up 10:00 Sneads Assembly of God 2:00 Bob's Tunes 5:30 Resident Choice	28 9:30 Social Club 9:45 Shape Up 10:00 Bible Study 2:00 Pretty Nails	29 9:30 Social Club 9:45 Shape Up 10:00 Dwayne's Hour 2:00 Club	30 9:30 Social Club 9:45 Shape Up 10:00 Kinard Church 2:00 Birthday Bash 5:30 Resident Choice	31 9:15 Good Morning Rounds 10:00 Fun and Games 2:00 Bingo